



STIRLING-RAWDON
PUBLIC LIBRARY

VOL. 46
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MONTHLY NEWSLETTER



LIBRARY HOURS:

Sunday, Monday CLOSED
Tuesday - Thursday 10-7
Friday, Saturday 10-3

CONTACT US:

(613)395-2837
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Visit our website:
www.stirlinglibrary.com

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Library Update



Last year, the first annual Small Town Shorts Film Fest was a tremendous success! The sold-out screening at the Aron Co-op Theatre in Campbellford, which featured a dozen short films created by members of our surrounding communities, was absolutely incredible. However, Stirling was not very well represented, so with the warm weather approaching and this year's theme being "Outside," we hope that the creative minds in town will spend the spring and summer months working on their film submissions! The deadline for submissions is September 10, and this year's screening will take place on Thursday, October 2. There is plenty of time to gather a partner or team, brainstorm ideas, create your film, and submit your masterpiece!

Please visit the Small Town Shorts Film Festival website for more information at <https://www.smalltownshortsfilmfest.ca/about>. Submission forms are available at the library.



MILL HOURS

Tuesdays: 3-6:30
Saturdays: 10-2:30

CONTACT US:

613-661-6183
staff@stirlingmill.ca

Visit our website:
www.stirlingmill.ca



HOUSEPLANTS 101

Thursday, May 15th at 6pm

Caring for your houseplants can be a fun and rewarding activity. Whether you already have several or have not started collecting, join us for an introductory workshop on how to re-pot and propagate your houseplants.

This hands on workshop will help equip you with the basics of houseplant care. Learn how to determine when your houseplant should be re-potted, how to propagate and we'll also share some tips to keep in mind when caring for your houseplants. No registration required.

SPRING FLORALS

Adult Craft Night

Tuesday, May 6th at 6pm

Follow along to create a fun spring florals painting in a unique way! Register online!



ADULT PROGRAMS

YACKING WITH YARN

Friday, May 9th & 23rd at 1pm

You're Invited to this FREE event filled with sharing about knitting, crocheting, embroidery, cross stitch or any fibre art that can travel. Whether you're a beginner or have advanced skills in the fibre arts, you're welcome to join us. No registration required.

STIRLING MILL UKULELE GROUP

Fridays at 10am

Join us weekly to play and sing together. Bring your own ukulele or just come and sing along! Ukuleles will also be available to play. No experience necessary. No registration required.

LIBRARY BOOK CLUB

Tuesday, May 27th at 2pm

Participants read anything within a particular genre or topic then come prepared to discuss. New members always welcome. No registration required. This month we're judging a book by its cover!

Art Journaling

Wednesdays at 10am

If you love art and making art. If you love to be creative and make things. If you love learning new things and exploring new techniques then join us! This group is all about creating for the sake of creating. Try new mediums, techniques and just have fun with art. No experience or artistic ability necessary.

Each week will have a different prompt or try out a new art medium. All supplies will be provided but you are welcome to bring your own too! No registration required.

Self- Sufficient Living Discussion Group

Tuesday, May 13th at 6pm

Let's learn from one another! Join us for discussion on gardening and other ways to be more self-sufficient. No registration required.

**We will be closed Tuesday,
May 20th for Victoria Day**

Normal hours resume Wednesday, May 21st

CHILDREN'S PROGRAMS

STORYTIME - THURSDAYS AT 10:30AM



Join us Thursday mornings for a half hour of stories, rhymes and songs in the children's department.

Recommended for children under the age of 4 and their caregivers. No registration required.

DUNGEONS & DRAGONS

Wednesdays at 4:30pm

The classic fantasy tabletop role-playing game. For ages 12-15. Registration required.

Register online!

AFTER SCHOOL HANGOUT - WEDNESDAYS AT 4PM

May 7th Salt Dough Painting

Express your creativity and get a little messy with us to paint some fun salt dough creatures and shapes. No registration required.



May 14th Planting

Join the Stirling & District Horticultural Society to decorate a flower pot and plant some edible flowers and herbs! No registration required.



May 21st It's a Mystery!

May is Mystery Month! Join us this week to solve the secret messages and use your best detective skills to solve the mystery!



May 28th Coding

Join us on the last Wednesday of the month to learn the basics of coding! No registration required. Recommended for ages 5+



TAKE & MAKE KITS

Cardboard Tube Flowers

Available Saturday, May 3rd. Drop into the children's department and pick one up while supplies last.



P.A DAY ANIMATION CLUB FRIDAY, MAY 30TH AT 12

Join us for an animation club that's all about making props and sets for stop motion animations! Whether that's claymation, cutout, puppeted, Lego or object animation and we'll be learning about the history of stop motion animation as a whole!

For ages 7 and up. Register online!



AND MORE...

Career Edge

Get The Job • Get The Staff • Get The Training

Tuesday, May 27th 5-6:30pm

Drop in to speak with a Career Edge Employment Counsellor for help with job search assistance, access to training opportunities and more!

Cybersecurity 101

Wednesday, May 28th at 6pm

Learn how to create strong passwords, recognize phishing scams, browse securely, and protect your devices. Perfect for beginners, this session sets the foundation for navigating the digital world with confidence. No registration required—everyone welcome!

3D Design & Printing

Saturdays in May
starting May 10th
11am - 1pm

Learn how to make custom items and print your own projects or get inspired to become a professional. All ages welcome. No registration required.

Make it Yourself



3D Design and Printing
for beginners



Get your Good Food Bag and Good Baby Box orders in by Wednesday, May 21st at 11:30am if paying in cash at the library.

Order and pay online by visiting:
<https://cdcquinte.com/pages/shop>

Thriving Through Transition:

**Mastering Perimenopause to Menopause with Confidence
Thursday, May 8th at 6pm**

This empowering and evidence-informed talk, led by physiotherapist and health educator Nicola Robertson, guides women through the physical, emotional, and social changes of perimenopause and menopause. Blending clinical insights with practical advice, the session addresses the myths, challenges, and opportunities of this life stage—highlighting the importance of pelvic health, sexual wellness, and self-advocacy. From hormone changes and body image to the benefits of sex (including solo pleasure), attendees will gain tools for navigating this transition with clarity and confidence. With a focus on education, empowerment, and pleasure, Nicola brings humor, honesty, and expertise to a topic often misunderstood or overlooked.

In-Person Fall Prevention Program Tuesdays 1:30-3:30pm starting May 6th

A FREE 12-week in-person-based group education and exercise program for seniors that focuses on improving strength, balance, endurance, and overall health. Learn to minimize the risks of falls by making easy changes.

Who should sign up?

- Older adults who live in the Stirling-Rawdon area.

Registration is required to participate.

Sign-up through VON Napanee Office.

Call: 833-355-6668 Ext. 15



In the Gallery: Michelle Champagne May - June

Opening Gala: Saturday, May 3 from 1:00-2:30

Michelle is a local aspiring artist who works in a variety of mediums. She is self taught and loves to draw in pastel and pencil and paint in acrylic. Drop in to the library Art Gallery to see her artwork throughout May and June.